

# Paleo and Gluten Free Options at Cabot's

*Here's some items that we suggest. We will try to accommodate special requests*

**#1 Paleo Breakfast Plate:** Two eggs served with a side of bacon, grilled tomatoes, and a side of sautéed baby spinach...8.29

**#2 Paleo grilled chicken breast & Eggs:** 2 eggs, any style, served with a boneless chicken breast with a side of sautéed mushrooms and zucchini with grilled tomatoes. 9.99

**#2.5 Paleo above with a 6 Ounce Sirloin Steak instead of Chicken** 11.99

**#3 Spinach, Mushroom & Sundried Tomato Omelet**

Made with three farm eggs and served with fresh fruit salad 8.99  
Option: Add in swiss cheese (gluten free, not paleo) for .99

**#4 Sirloin Burger Salad**

Our garden salad topped with a flame broiled sirloin burger 8.99  
Option: Add in cheese (gluten free, not paleo) for .99

**#5 Paleo Chicken Platter:** Grilled boneless breast served on a bed of romaine topped with sautéed mushrooms. Served with a side sautéed baby spinach and grilled tomatoes...9.99

**#6 Tuna platter:** Solid white albacore tuna (dry) served over a bed of salad greens with two sliced hardboiled eggs, tomatoes, green peppers, cucumber slices and carrots 8.99

## For our Gluten Free Kids!

**G Free Kids Breakfast Plate:** 1 egg, any style, served with a side of bacon and fresh sliced melon...3.99

**G Free Kids Burger Plate:** A kid's size hamburger (no bread!) served with steamed broccoli, and a side of applesauce...4.99

**G Free Kids Hot Dog Plate:** A kid's size hot dog (no bread!) with a side of corn and a side of applesauce...4.99