



# CABOTS



Ice Cream  
&  
Restaurant

Enjoy!

A Newton Tradition since 1969



# Welcome to Cabot's!

The Cabot Family welcomes you and thanks you for making us a Newton tradition since 1969. Serving fine food and ice cream creations for the smallest to the heartiest of appetites.

We pride ourselves in bringing you **Quality, Value, Service,** and most of all **Consistency.** So Enjoy!



## Great Beginnings & Munchies

### Cabot's Tasty Sampler

A combo of Mozzarella cheese sticks, chicken fingers and fried onion chip pedals with a choice of dipping sauce, \$6.59

**Dinner Salad** Fresh greens with sliced tomatoes, carrots, cucumbers and olives, \$1.59

**Dinner Size Caesar Salad** Chopped romaine lettuce with olives, tomatoes, and Parmesan cheese, \$2.49

**Fried Onion Chip Pedals** small \$1.29 large \$2.29

**French Fries** small \$1.29 large \$2.29

**Cheddar Fries** Golden brown fries with Fajita seasoning, laced with melted cheddar cheese, \$3.19

**Chili Cheddar Fries** \$3.99

**Real Mashed Potatoes** \$2.29 with gravy \$2.49

**Boston Baked Beans** & Brown Bread, \$2.99

**Potato Boats** Served with sour cream and filled with broccoli & cheese, chili & cheese or bacon & cheese, \$3.99

**Chicken Fingers** Fried boneless all-white breaded tenderloins with choice of sauce, \$4.49

**Mozzarella Sticks** Served with marinara sauce, \$3.99

### Buffalo Chicken Tenders

Fried boneless all-white breaded tenderloins in a buffalo sauce served with a bleu cheese dip, \$4.99

### Soup-N-Salad Combo

A bowl of hot & hearty soup with a garden salad and your choice of dressing, \$5.99



## Homestyle Soups



**Homemade Chicken Soup or Soup of the Day** cup \$2.19 bowl \$2.99

**Homemade Chili** cup \$2.59 bowl \$3.29  
With melted cheese and onions: cup \$2.99 bowl \$3.69

**Homemade Chowders** cup \$2.59 bowl \$3.29

# Sensational Salads

Side of warm pita bread or roll.....50¢

## DRESSINGS:

Creamy Italian, Lite Italian, Oil & Vinegar, Caesar, Peppercorn, Thousand Island, Vinaigrette, Ranch, or Bleu Cheese

### Garden Salad

Fresh greens, tomatoes, cucumbers, onion, carrots, green peppers, mushrooms and olives, \$3.59

With a scoop of chicken or tuna salad, \$6.59

### Broiled Chicken Garden Salad \$6.99

### Hawaiian Chicken Salad

Cabot's famous chicken salad served atop fresh salad greens, sprinkled with raisins, pineapple, and Mandarin oranges - ALOHA! \$6.99

### Chicken Caesar Salad

Crisp romaine, Parmesan cheese, black olives & croutons with a broiled chicken breast, \$6.99

Plain Caesar Salad (no chicken), \$3.99

### Chef's Salad

Julienne slices of ham, roast beef, turkey, cheese and sliced egg atop our garden salad, \$6.99

### Spinach Salad

Fresh spinach with tomatoes, cucumbers, onion, carrots, mushrooms, olives, bacon and chopped egg, \$5.29

Add scoop of tuna or chicken salad, \$6.99

Add a broiled piece of chicken, \$7.99

### Tomato Surprise

Red ripe tomato filled with your choice of chicken, tuna or egg salad and served with cole slaw, potato salad or cottage cheese, \$6.99 Made with seafood salad, \$7.29

### Ship To Shore Salad

Seafood salad sailed to you in a boat of fresh salad greens with sliced tomatoes & cucumbers - AHOY MATIE! \$7.29



### Sorry Charlie

It's GaiSha water packed tuna atop our garden salad with sliced egg, \$6.99 \*Sliced turkey may be substituted.

### Fresh Tuna & Egg Salad

A scoop of each, served on a bed of salad greens, sliced tomatoes, cucumbers and carrots, \$6.99

### Vegetarian's Delight

Fresh broccoli, slices of Swiss and cheddar cheese atop our garden salad, \$5.29

### Farmer's Salad

Fried breaded tenderloin strips of chicken, cheddar cheese, bacon, atop a fresh garden salad, \$6.99

### Southwestern Fried Chicken Salad

Lightly fried breaded chicken tossed with salad greens, corn, and pecans with a barbeque ranch dressing served in a crispy fried tortilla bowl, \$7.99

### Kickin' Buffalo Chicken Salad

Lightly fried breaded chicken in a buffalo sauce with salad greens, tomatoes, cucumbers, olives, topped with sour cream and served with bleu cheese dressing, \$6.99

Croutons upon request

# Wraps



## Served Wrapped in a Soft Tortilla

Add fried onion chips, French fries, potato salad or cole slaw for only \$1.29!

### The Great Wrap

Chicken salad, tuna salad, or sliced turkey with fresh lettuce and tomato, \$5.49

### Crispy Chicken Wrap

With fried chicken tenders, lettuce, tomato, jack cheese, and ranch dressing, \$5.99

### Southwestern Chicken Wrap

With fried chicken tenders, lettuce, Spanish rice, and BBQ sauce, \$5.99

### Buffalo Chicken 'Bleu's' Wrap

Lightly fried breaded chicken in a buffalo sauce with romaine lettuce, tomato, jack cheese, and Bleu cheese dressing, \$5.99

### Broiled Chicken Wrap

With an all-white broiled chicken breast, lettuce, tomato, jack cheese and ranch dressing, \$6.59

### Caesar Chicken Wrap

With an all-white broiled chicken breast, romaine lettuce, tomato, black olives, Parmesan cheese, croutons, and dressing, \$6.59

### Pepper-Pepper Jack Chicken Wrap

With an all-white broiled chicken breast, lettuce, sautéed onions, roasted peppers & pepper jack cheese, \$6.59

### Teriyaki Chicken Wrap

With an all-white broiled chicken breast, lettuce, broccoli, carrots, onions, rice & teriyaki sauce, \$6.59

### Balsamic Chicken Wrap

Grilled marinated chicken tossed with sautéed mushrooms, and onions in a light balsamic sauce with mozzarella cheese and romaine lettuce, \$6.59

### Veggie Wrap

With chilled crisp garden vegetables, jack cheese and ranch dressing, \$4.99

### Veggie Vinaigrette Wrap

With steamed garden vegetables, roasted peppers, jack cheese, rice & balsamic vinaigrette dressing, \$5.49

### Garden Patch Wrap

Sautéed asparagus and mushrooms in balsamic dressing with Swiss cheese, tomato & romaine lettuce, \$4.99

### Italian Stallion Wrap

With sliced roast beef, romaine lettuce, tomato, roasted peppers, mozzarella cheese and Italian dressing, \$6.59

### Plymouth Wrap

With romaine lettuce, roasted turkey, cranberry sauce and stuffing, \$5.99



# Sandwich Board

Served On: White, Wheat, Pumpernickel Rye, Marble Rye, Pita, or Bulkie Roll with "Cabot's Fresh Garnish"  
Add fried onion chips, French fries, potato salad or cole slaw for only \$1.29

## Deli-Delights

**Grilled Reuben** Extra lean corned beef with sauerkraut and Swiss cheese piled high on "Cabot's" own marble rye, served with potato salad and pickles. **\$6.99**

**Corned Beef**  
Extra lean served warm on rye, **\$4.79**  
With melted Swiss cheese, **50¢ extra**

**Roast Beef** Sliced thin with lettuce, **\$4.79**

**Sliced Turkey**  
All white breast meat with lettuce, **\$4.79**

**Virginia Ham** **\$4.79**  
With cheese, **50¢ extra**

**Deli Combo** Sliced turkey, ham, and Swiss with lettuce on a bulkie, **\$5.69**

## Hot off the Hot Top

**Grilled Cheese** **\$3.49**  
With tomato, **\$3.99**  
With bacon, **\$4.99**  
With ham, **\$4.99**  
With ham & tomato, **\$5.49**



**Grilled Tuna & Cheese Melt** **\$5.79**

**Grilled Chicken Melt**  
With cheddar cheese and sauteed onions, **\$6.29**

**Hot Dog M-I-L-E Loooooong** **\$3.29**

**Chili Dog** **\$3.99**

**Chili Dog Deluxe** Onions & cheddar cheese, **\$4.49**

**Philly Steak & Cheese**  
Shaved sirloin steak sauteed with fresh peppers and onions covered with Mozzarella cheese served on a Hoagie roll with chips, **\$6.99**

**Philly Chicken & Cheese** **\$6.99**

**Western Sandwich**  
Made with 2 eggs, ham and onions, **\$4.59**

**Fried Pepper, Onion & Egg** **\$4.59**

## Classic Favorites

**Chicken Salad (Our Specialty)**  
All white meat with lettuce, **\$4.79**

**Tuna Salad**  
All white albacore with lettuce, **\$4.79**

**Chopped Egg Salad**  
With lettuce, **\$4.29**

**Seafood Salad**  
On a grilled frankfurt roll with potato chips, **\$5.69**

**Open Chicken or Tuna Salad Roll**  
Served on a grilled frankfurt roll with lettuce, tomato and French fries, **\$6.59**

**Bacon, Lettuce & Tomato** **\$4.19**

**Soup-er Combo**  
Bowl of homemade soup & choice of a 1/2 chicken, tuna or egg salad sandwich, **\$5.49** *Chili or Chowder extra*

**Breaded Chicken Cutlet**  
Solid white meat with lettuce, **\$4.59**

**Chicken Cutlet Parmigiana**  
With tomato sauce and Mozzarella cheese, **\$5.19**

**Chicken Cordon Bleu**  
Breaded cutlet with sliced ham & melted Swiss, **\$5.49**

**Fish Filet**  
With melted cheese & lettuce, **\$4.59**

## Club Creations

Made with Bacon, Lettuce & Tomato, on your choice of Toast, piled three slices high, served with French Fries

**Chicken Salad** All white meat..... **\$6.99**

**Sliced Turkey** All white breast meat..... **\$6.99**

**Tuna Salad** All white albacore..... **\$6.99**

**Roast Beef**..... **\$6.99**

**Ham & Swiss**..... **\$6.99**

**Deli Club** Turkey, ham & Swiss..... **\$6.99**

**Chef's Club\*** 2 jumbo chopped sirloin patties... **\$7.59**

**Broiled Chicken Club**..... **\$7.59**

\* Cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

# Backyard Burgers

## The "Cabot Burger" Platter\*

6 oz. of 100% fresh chopped sirloin, broiled and served on a toasted roll with lettuce, tomato and French fries, \$5.99

## The Half Pounder Plus Platter\*

9 oz. of 100% fresh chopped sirloin, broiled, and served on a toasted roll with lettuce, tomato, and French fries, \$7.29



**The "WOW" Burger\*** A burger within a grilled American cheese sandwich, \$4.69

**The Texan Burger\*** Our homemade chili, Cheddar cheese, and onions within a grilled thick Texan style bread with French fries, \$6.29

## Zeke's Special\*

Loschikabob style broiled chopped sirloin with sautéed onions, peppers, and tomatoes served in a pocket of Syrian bread with rice pilaf, \$7.29

## Cheddar Melt\*

A burger with sautéed onions & cheddar cheese on grilled rye bread with cole slaw, \$6.29

**Mock Reuben\*** A burger with sauerkraut & Swiss cheese on grilled rye bread, \$5.19

**Italiano Burger\*** With authentic tomato sauce, covered with Mozzarella cheese, on a bulkie roll with French fries, \$6.29

**Canadian Burger\*** With cheddar cheese & Canadian bacon with French fries, \$6.29

Start with our  
**\*ORIGINAL  
Cabot Burger**  
over 1/3 of a pound,  
\$3.69

## Build Your Own "Cabot's Burger"

100% Fresh Chopped Sirloin of Beef,  
broiled & served the way you like it!

Or our  
**Half Pounder  
PLUS\***  
for the Hearty Appetite,  
\$4.99

**Put it on** - Bulkie, Sesame Roll, or Gourmet English Muffin

**Choose a cheese** - American, Swiss, Cheddar, Mozzarella, Pepper Jack ..... 50¢ per item

**Top it off** - Sautéed onions, sautéed mushrooms, roasted peppers, lettuce, tomato ..... 50¢ per item ..... 50¢ per bacon strip

**Put it beside** - French fries, fried onion chips, potato salad, cole slaw, cottage cheese ..... \$1.29 per item

**Weight Watchers\*** A broiled chopped sirloin with low-fat cottage cheese and sliced peaches on a bed of crisp lettuce, \$6.29

**Turkey Burger** All white turkey burger charbroiled and juicy, served on a toasted sesame bun with lettuce, tomato and onion, \$4.69

## Garden Veggie Burger

Served with lettuce, tomato & onion on a toasted sesame bun, \$4.99

## Broiled Chicken Sandwich

6 oz. all white boneless breast served on wheat toast with lettuce, tomato and onion, \$6.59

## Savory Grilled Boneless Chicken Breast Plate

Topped with sautéed onions served with steamed broccoli and baked potato, \$6.99

## Veggie Stir-Fry

Sautéed fresh garden vegetables in a lite Oriental sauce, with lettuce and tomato, and served with a pita pocket, \$4.69  
Made with chicken, \$6.59

# Healthy Choices

## Spinach & Spuds

Fresh steamed spinach with twin baked potatoes, \$4.49

## Stuffed Baked Spuds

Baked potato filled with steamed broccoli and topped with jack cheese, \$4.99

## Low-Cal Protein Plate

Low-fat cottage cheese, sliced hard boiled eggs, tomatoes & carrots served atop a garden salad, \$5.29

## Low-fat Cottage Cheese

With sliced bananas and peaches, \$4.49

**S** Fresh Steamed Broccoli  
**I** Mixed Vegetables  
**D** Baked Potato  
**E**  
**S** Fresh Steamed Spinach

*Any Side*  
just \$2.29 each

\*Cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

# Traditional Homestyle Favorites

Potato choices: Baked,  
Real Mashed or French Fries

## Beef

with choice of potato or rice

### Chopped Sirloin Mushroom Special\*

A large 9 oz. broiled chopped sirloin served with mushroom gravy, choice of potato & a roll, \$7.59

### Old Fashioned Sheppard's Pie

Ground sirloin layered with niblets of corn and gravy topped with real mashed potatoes & served with a roll, \$6.99

### Sliced Hot Roast Beef Sandwich

Served over toast with brown gravy & choice of potato, \$6.99

### Deli Style Corned Beef Hash

Served with a pot of Boston baked beans & brown bread, \$5.69

### Frank & Beans

A pot of Boston baked beans & brown bread with two mile-loooooooooooooong frankfurters, \$5.69

### New York Broiled Boneless Sirloin Steak Sandwich\*

Served on a bulkie roll with French fries, \$7.99 Try topping it with sautéed green bell peppers or onions only 50¢ each!

## Seafood

with choice of potato or rice

### Fish & Chips Platter

Pieces of natural cod nuggets fried to a golden brown, served with French fries, cole slaw & tartar sauce, \$6.99

### Atlantic's Finest Fried Haddock

Served with French fries, cole slaw & tartar sauce, \$6.99

## Baked Pasta

### Baked Macaroni & Cheese

En Casserole served with a roll, \$4.99 Top it off with a grilled frankfurter, \$5.99

### Baked Low-Cal Vegetable Lasagna

Vegetables blended with 4 different cheeses layered between egg noodles & served with a dinner salad & a roll, \$6.99

## Poultry

with choice of potato or rice

### ROAST STUFFED Turkey Dinner

All white meat with giblet gravy, cranberry sauce, Pilgrim stuffing & choice of potato \$6.99

### Chicken Finger Plate

All white breaded chicken tenderloins fried to a golden brown, served with cranberry sauce, pineapple chunks & French fries, \$6.99

### Oriental Chicken Stirfry

All white chicken breast with sautéed vegetables in an Oriental sauce served over rice, \$7.29

### Hot Turkey Sandwich

All white meat with giblet gravy on toast, with choice of potato, & cranberry sauce, \$6.99

### Creamed Chicken ala King

En Casserole served with toast points & choice of potato, \$6.99

### Breaded Chicken Cutlet Plate

Two cutlets with Country Style gravy, choice of potato, & cranberry sauce, \$6.99

### Chicken Parmigiana

A tender fried boneless breast of chicken with tomato sauce & Mozzarella cheese served with choice of potato & a roll, \$6.99

### Grilled Chicken Creole

All white boneless breast of chicken topped with a creole sauce & choice of potato, \$6.99

### Nik & Nik

### Chicken Finger Combo

Fried breaded chicken tenderloins piled with our fantastic breakfast potatoes or French fries and choice of dipping sauce, \$6.99

For your health, we fry in a corn & canola oil vegetable blend, low in saturated fats & no cholesterol. \*Cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

# The Breakfast Nook

## Eggs

Choice of White, Wheat,  
Dark Rye or Marble Rye Toast  
English Muffin or Bagel instead.  
40¢ extra

\*One Egg ..... \$2.79

\*Two Eggs ..... \$3.49

\*Three Eggs ..... \$4.19

With Ham, Bacon, Sausage Links  
or Pattie ..... add \$1.25



## Breakfast Sandwiches

Served on a gourmet English  
Muffin, Croissant or Bagel

Pick one for \$3.79:

Bacon, Egg & Cheese

Ham, Egg & Cheese

Sausage, Egg & Cheese

## Breakfast Wrap

A warm, soft tortilla filled with  
egg, cheese & sausage, \$3.99

Add breakfast potatoes  
for only \$1.29!

We will gladly make any egg order with Egg Beaters®  
for only 50¢ more!

## The Benedicts

Just  
\$6.59 each!

Like you've never had before...  
Prepared on our unique gourmet English Muffins,  
with poached eggs,  
covered with our delicious hollandaise sauce  
and served with breakfast potatoes.

Try a different one everytime!

**Traditional Eggs Benedict** With Canadian bacon

**Florentine** Fresh steamed spinach & sliced tomato

**Veggie** Fresh steamed broccoli & sliced tomato

**Country Farm** With grilled sausage pattie

**Garden Patch** Fresh steamed asparagus & sliced tomato

## For the Hearty Appetite

### "Scramblin" Ham & Eggs

Diced ham scrambled with three eggs,  
served with toast and breakfast potatoes, \$5.79

### \*Steak & Eggs

Broiled New York boneless sirloin steak served with two  
eggs any style, breakfast potatoes, and toast, \$7.99

### \*Pan Browned Corned Beef Hash

Covered with two large eggs and a bagel with cream cheese  
- just the way you remembered it! \$5.69

### \*Noah's Hearty Breakfast

Served with two eggs any style, two mini waffles, two strips  
of bacon and choice of a beverage, \$5.59

And what's all this without half of a toasted bagel?

Add cream cheese for 50¢ more!

(After 11:30am beverages are not included with this meal.

No substitutions please!)

\*Consuming raw or undercooked meats may increase your risk of foodborne illness, especially if you have certain medical conditions.

# Waffles

Made with our homemade batter and baked fresh to order in our special irons.



Enjoy one of these light and delicious waffles with syrup and butter for only \$4.29

## Some of our Classics

Any of these for \$5.99!

- Strawberry-N-Whipped Cream
- Sliced Peaches-N-Whipped Cream
- Hot Apple Compote-N-Whipped Cream
- Blueberry Compote-N-Whipped Cream
- Sliced Bananas & Granola

## Or Build Your Own

Start with a golden brown Belgium waffle and finish it off with any of these toppings

for only 89¢ each:

- Bananas
- Blueberry Compote
- Chocolate Chips
- Cinnamon Apple Topping
- Granola
- Raisins with or without Cinnamon
- Sliced Peaches
- Strawberry Topping
- Walnuts
- Whipped Cream

☛ Add Real Vermont Maple Syrup for only \$1.00 per



# O Fluffy Omelettes

Made with three farm fresh eggs and served with breakfast potatoes & toast.

English muffin or Bagel instead of toast, 40¢ extra

## Omelette - By - You

Served with breakfast potatoes & toast

Starts at \$4.19 Each ingredient 60¢

- |           |           |         |        |
|-----------|-----------|---------|--------|
| Mushrooms | Asparagus | Spinach | Onions |
| Tomatoes  | Broccoli  | Peppers | Cheese |

### Cheese

American, Mozzarella, Cheddar, Swiss, Pepper Jack or Monterey Jack, \$4.79



### Western

Diced ham & onions, \$5.99

Ham, Sausage, or Bacon & Cheese \$5.99

### Fresh Broccoli & Cheddar \$5.39

Denver  
Green bell pepper, ham and onions, \$5.99

### Pizza

Sausage, tomatoes, onions, peppers and Mozzarella cheeses, \$6.59

Omelette Lorraine  
Swiss cheese, bacon and onions, \$5.99

### Very Veggie

With all garden fresh vegetables & topped with 3 different cheeses, \$6.59

Spanish Creole  
A blend of peppers, onions and tomatoes in a mildly spiced sauce, \$5.99

### The 'Doc's'

### No Carb Omelette

Three fluffy egg omelette filled with sausage, cheese and tomato. No toast, no potatoes ...ahhhh... but a side of bacon, \$6.99

Fresh Asparagus  
With mushrooms, tomatoes, and American cheese, \$6.59

## Steak Diablo Omelette

Made with shaved steak, hot sauce, onions and peppers served with breakfast potatoes & toast, \$6.99



# Beverages

## Juice

Orange, Grapefruit, Tomato  
or Cranberry Juice

extra small .....	\$1.25
small .....	\$1.75
regular .....	\$2.75

Fruit Punch  
or Apple Juice Boxes \$1.35

## Soft Drinks

Coke	small .....	\$1.25
Diet Coke	regular .....	\$1.75

Orange  
Sprite  
Root Beer

Add a  
Cherry or Vanilla  
Flavor Shot  
for 15¢ extra!

Iced Tea (fresh brewed)	small \$1.25 .....	regular \$1.75
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Iced Coffee	small \$1.25 .....	regular \$1.75
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Bottled Spring Water .....	\$1.39
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## Great Old Fashioned

Raspberry-Lime or  
Lime Ricky

small .....	\$1.35
regular .....	\$1.85
jumbo .....	\$2.85

Just the way you remembered!



## Cabot's Own Bottled Soda

Old Fashioned Grape Soda,  
Root Beer, or Diet Root Beer

Just \$1.75 each!



## Hot Drinks

Coffee, Tea or  
Brewed Decaf .....

\$1.29

Stash Herbal Teas .....

\$1.29

Gourmet Hot Cocoa .....

\$2.39

Your choice of flavor:

Chocolate Supreme, Chocolate Raspberry,

Mint Chocolate, Cinnamon or Mocha -

piping hot and topped with whipped cream!

## Frappes & Freezes

Old Fashioned  
Chocolate Malted \$4.39

Thick Frappe  
Your choice of flavor \$3.69

Sherbet Freezes \$3.69

Frozen Yogurt Frappe  
or Smoothie \$3.69



## Homemade Frozen Yogurt Ice Cream Cakes and Pies

For all occasions!  
Custom made orders,  
check our in-stock selection  
or [www.cabots.com](http://www.cabots.com)

